

Cup Size <i>E UK Fr US</i>	Sports Activity							
	Walking Yoga	Gym Golf	Biking Skiing	Karate Dance	Tennis	Handball	Horse Riding	Running
A	A	A	AA					
B	B	B	A					
C	C	C	B					
D	D	D	C					
E	DD	E	D					
F	E	F	DD					
G	F	G	DDD					
H	FF	H	F					
I	G	I	G					
J	H	J						

Choose your Sports Bra	Recommended Bra
Support Level 1 * Suitable for all sports for those with a smaller bust * Moderate bounce reduction	Styles 0039, 0065
Support Level 2 * Suitable for all sports for those with a small or medium bust * Medium bounce reduction	Styles 0091, 0092
Support Level 3 * Suitable for all sports for those with a medium or larger bust * Maximum bounce reduction	Styles 0096, 0098,